



### Nutrition & Advocacy Program

119 East Main Street  
Middletown, NY 10940

(845) 342-3978

Fax (845) 342-5757

#### Office Hours

Monday-Friday

9am-5pm

## A program of Regional Economic Community Action Program

40 Smith Street  
Middletown, NY 10940  
(845) 342-3978

[www.recap.org](http://www.recap.org)

A 501c3 not-for-profit anti-poverty  
organization established in 1965

- Head Start
- Supportive Housing
- Substance Use Disorder
- Nutrition & Advocacy
- Home Energy Conservation
- Orange County Reentry
- Fresh Start Café
- Community Preservation
- Newburgh Services
- Orange County Energy Initiatives

Our mission is to mobilize and coordinate public and private resources to address the basic needs of low-income people and assist them in attaining the skills, knowledge, motivation and opportunities needed to become economically self-sufficient.



6/2018



# Nutrition & Advocacy

## Hunger Awareness, Food Pantry & Advocacy Services



*“Helping People.  
Changing Lives.”*

## What Do We Provide?

We serve as a welcome mat to many of RECAP's services. Our advocates and volunteers work with residents to alleviate needs for food, identify other household concerns, and connect participants with information about other RECAP services and community resources.

## Emergency Food Pantry

A 3-day supply of food which residents may take advantage of once every 3 months. Participants meet with a case worker during each visit to discuss their needs and how to access other food resources in the community.

Open Monday-Friday, 9am-5pm.

No appointment is needed but please provide the following documentation. Your file will be updated annually.

- Proof of income (for all family members provide all that apply: 1 month of paystubs, unemployment statement, child support, Social Security, etc.)
- Proof of address (electric or heat bill, or lease)
- Birth certificates for all family members
- Photo ID for all adults

## Breads & Cakes

We collaborate with local supermarkets and bakeries to provide a daily supply of free breads and cakes to the public. Distribution is on weekdays at 10am.

## Thanksgiving Basket Drive

Every November, community donations allow us to create hundreds of meal packages including turkeys, stuffing, canned goods, and more. Visit us online in the fall to learn how you can help!



## Strike Out Hunger Bowl-a-thon!

Save the date for our annual bowling fundraiser in the fall! Each team gets pizza, soda, and competes for highest score, best dressed team, and everyone can purchase tricky tray tickets. All proceeds go towards our services. Visit us online or call to find out more!



## Advocacy Services

Set up an appointment to meet with an advocate. Services include:

- Translations of vital documents
- Assistance obtaining forms
- Navigating services like rental assistance, SNAP (food stamps), Medicaid, Social Security (SSI, SSD, Survivor benefits), HEAP, Section 8, unemployment, government-issued cell phones
- Petitions for immigration, child support, custody, affidavits, and name changes

Bilingual services are available.